

All patients scheduled for allergy skin testing must stop taking any medications that contain antihistamines as these medications may affect your test results. This includes both over-the-counter medications as well as prescription medications. Do not discontinue any asthma medications as these medications do not affect skin testing. Please consult with your prescribing physician or pharmacy if are unsure about any of your medications or have any concerns.

The following medications MUST BE STOPPED FIVE (5) DAYS before skin testing:

Actifed	Clarinet	Loratadine	Sinequan*
Adapin*	Claritin	Levocetirizine	Sominex*
Advil Allergy	Clemastine	Maprotiline*	Sudafed Cold & Allergy
Advil PM	Clomipramine*	Marezine	Surmontil*
Alavert	Cogentin*	Meclizine	Tacaryl
Allegra	Comtrex	Mirtazapine*	Tavist
Allerhist	Contact	Norpramin*	Temaryl
Allertan	Coricidin	Nortriptyline*	Theraflu
Amitriptyline*	Cyproheptadine	Nyquil	Tofranil*
Anafranil*	Desipramine*	Pamelor*	Triaminic
Antivert	Dimetapp	Pediacare	Triavil*
Asendin*	Diphenhydramine	PediaTan	Trimipramine*
Ataraz	Doxepin*	Periactin	Trinalin
Atrohist	Dramamine	Phenergan	Tylenol Allergy
Aventyl*	Drixoral	Poly-Histine	Tylenol Cold
BC Cold	Durahist	Promethazine	Tylenol PM
Benadryl	DuraTan DM	Protriptyline*	Unisom
Bentyl	Dytan	Pyribenzamine	Vicks
Benzotropin*	Elavil*	Resperidone*	Vivactil*
Biohist	Etrafon*	Risperdal*	Xyzal
Bonine	Excedrin PM	Robitussin Allergy	Zonalon*
Brompheniramine	Fexofenadine	Rynatan	Zyrtec
Carbinoxamine	Hydroxyzine	Ryneze	
Cetirizine	Imipramine*	Semprex	
Chlorpheniramine	Limbitrol*	Seroquel*	

***Do not discontinue any antidepressant/psychotropic medications without first consulting with your prescribing physician.**

NOTE: This list includes the most common antihistamine containing medications. In general, most over-the-counter medications with the word “Allergy” or those for colds, coughs, and/or flu symptoms may contain antihistamines. Over-the-counter sleep medications may also contain antihistamines. If you have any questions, please consult with your pharmacist.

The following medications MUST BE STOPPED THREE (3) DAYS before skin testing:

Antacid/Indigestion Medication: Axid (Nizatidine) Pepcid (Famotidine) Tagamet (Cimetidine)
Antihistamine Nasal Sprays: Azelastine Astelin Astepro Patanase Dymista